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February 2017

Dear All

The fantastic success and growth in transplants over the last few years has resulted in an increasing demand on our post transplant clinic service. Clinics are now heavily overbooked, reducing the amount of time that the doctors have to spend with patients.

We have therefore come to the decision to request that wherever possible prescriptions for routine medications (ie BP meds, cholesterol meds, diabetes meds) be provided by your local medical practitioner rather than the Liver Transplant Outpatient Clinic. We will also ask GPs to take greater responsibility for routine checkups and management of non complex medical problems.

We will of course still be providing prescriptions for the primary immune suppression drugs <u>during</u> your clinic visit:

Tacrolimus (Prograf)
Mycophenolate Moffetil (Cellcept, Imulate)
Myfortic
Sirolimus (Rapamune)
Everolimus (Certican)
Cyclosporin (Neoral)

There are some drugs which can only be provided by the hospital and these are listed below. We seek your help in ensuring that your other medications are prescribed by your local GP and dispensed through your local pharmacy. We hope you will support this important initiative.

Hospital only medications:

- ciprofloxacin (Cifran, Ciprol, Ciproxin, Loxip, Proquin)
- lamivudine (Zeffix, Zetlam)
- tenofovir (Viread)
- entecavir (Baraclude)
- daclatasvir
- sofosbuvir (Sovaldi)
- Everolimus (Certican)
- Ursodeoxycholic acid (urso)

We ask that <u>you</u> ensure you have enough medication to last you to your next outpatient appointment. We will <u>not</u> be doing scripts outside clinic hours. Please do not attend clinic if you do not have an appointment simply because you have run out of medication, please see your GP.

Immunosuppression medications:

Tacrolimus (Prograf), Cyclosporine (Neoral), Mycophenolate Moffitel (Cellcept, Imulate), Myfortic and Sirolimus (Rapamune) can now be ordered by your GP, they are now on the PBS. Please check with your local pharmacy if they will order the medications for you or if they have them in stock. Not all pharmacies will routinely stock all medications. Please ensure that you are not owing scripts to your pharmacy, we will not be writing scripts for this reason.

<u>Please ensure that Tacrolimus (Prograf) and Cyclosporine (Neoral) are not brand substituted.</u> If you are obtaining these through your local pharmacy.

Thank you for your understanding & assistance

Yours sincerely

Prof Robert Jones
Prof Peter Angus
A/Prof Paul Gow
Dr Adam Testro
Mr BZ Wang
Mr Michael Fink
Mr Graham Starkey
Mr Marcos Perini